Resources for Victims

If you are a victim of partner violence, you are not alone. You deserve to be safe, even at this time. We encourage you to connect with a domestic violence advocate trained to help you create a safety plan.

If you are a manager or coworker, the following resources should be provided to anyone you are concerned may be a victim of partner violence.

- **The National Domestic Violence Hotline** remains available during the COVID-19 pandemic, 24 hours a day, 7 days a week, at (800) 799-7233, via text at LOVEIS to 22522, or via chat at thehotline.org. For The Hotline’s tips on staying safe during COVID-19, visit: https://www.thehotline.org/2020/03/13/staying-safe-during-covid-19/.

- **RUSafe**, a downloadable app for iOS and Android that assesses the potential for domestic violence and harm in a dangerous relationship. https://www.standingfirmswpa.org/resources/rusafe/

- Women’s Center & Shelter of Greater Pittsburgh, 24/7 Hotline: 412-687-8005; and 24/7 Text Message line at 240-249-7867. Online chat available at www.wcspittsburgh.org


- The National Sexual Assault Hotline, 1-800-656-HOPE (4673), or rainn.org.

- The Childhelp National Child Abuse Hotline, 1-800-4A-CHILD (422-4453), or childhelp.org

- Latinx survivors can reach out to Casa de Esperanza, 1-651-772-1611, or casadeesperanza.org

- LGBTQ people can also call the Anti-Violence Project, 212-714-1141, or visit avp.org/get-help

- A listing of resources by state can be accessed at ncadv.org, provided by the National Coalition Against Domestic Violence.